BAR HILL NEWS

March 2014; Issue 545

YOUR LOCAL POST OFFICE IN BAR HILL

Tel: 01954 789285

So many services –

- you can buy Euros;
- you can buy Lottery Tickets;
- you can open a Current Account;
- you can get your Vehicle tax.

OPENING HOURS: Monday to Friday 9.00 – 17.30; Saturday 9.00 – 12.30.

FAMILY HISTORY RESEARCH

Caroline Norton, Cambridgeshire Family History Society, will attend Bar Hill Library to assist with family history research between 10am and 4pm on the following dates in 2014:

Monday 17th March
Monday 19th May
Monday 21st July
Monday 15th September
Monday 17th November

BAR HILL HEALTH WALKS...

...are entering their fourth year and growing!

There is now a **FREE HEALTH WALK*** **EVERY WEDNESDAY MORNING**

Meet at **Maple Surgery, Hanover Close, Bar Hill CB23 8EH at 10:30 am**

Our walks are all weather (in case of rain you will find us under the church porch), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short Health Questionnaire. Copies are available on the PPG noticeboard in Maple surgery, and at www.walkingforhealth.org.uk.

***Please note there are no more Thursday walks.**

Contact: Patricia Daniels, Co-ordinator, T: 07917 874402; E: danielsoohn@btinternet.com; or Josephine Powell, Co-ordinator, T: 07901 558108; E: jopowell45@hotmail.com.

CHARITY CASINO NIGHT

Saturday 15th March at Bar Hill Village Hall
7:30pm – Midnight.
Tickets £10 each.

Contact: Andrea Rusted on 01954 201782 or 07784 700759.

This is a "fun money" event. All proceeds will be donated to **Breast Cancer Care.**

There will be Roulette, Blackjack and Poker tables; also a Prize Raffle and Spot Prizes.

There will be a licensed bar and a buffet.

Anyone wishing to "sponsor" a gaming table for £50 please contact Andrea directly.

POP QUIZ

Saturday 1st March at 7.30pm at Bar Hill School

Booking forms available from the school office.

Teams of up to 8 people – **£4.50 per person.**

Fully Licensed Bar; Hot Food

If you bring snacks please remember this is a **NUT FREE SCHOOL**

CAMBRIDGESHIRE HEARING HELP

Come to our **Free Demonstration of Hearing Help Equipment**

A chance to look at and try **telephones, TV amplifiers, alerts and more** on Friday 21st March 2014.

Drop-in any time between 10am and 12.30pm at **Scotsdales Garden Centre**, 120 Cambridge Road, Great Shelford CB22 5JT.

Cambridgeshire Hearing Help CIO, 8A Romsey Terrace,Cambridge,CB1 3NH, T: 01223 416141; E: enquires@cambridgeshirehearinghelp.org.uk; W: www.cambridgeshirehearinghelp.org.uk.

Registered Charity No 1154071
(formerly Cambridge CAMTAD)

BOOTLEG BEE GEES

OVER COMMUNITY CENTRE, 22nd MARCH

You Should Be Dancing – yeah!

Jive Talkin' Get Walkin' down to Over Community Centre for an evening with the Bootleg Bee Gees. Get out your white suits and enjoy a performance by the UK's premier Bee Gees tribute band.

7.30 – MIDNIGHT

Grand Raffle Draw.

Tickets are £10 each, available from Over Day Centre.

All proceeds to the Over Day Centre.
Registered Charity No: 800829.

The Over Day Centre, 1 Drings Close, Over CB24 5NZ.
01954 231807.

deadline for the next issue is 15th March, to bhneditor@yahoo.com, or see page 2 for other contact details

BAR HILL RESIDENTS' ASSOCIATION

2012–13 COMMITTEE:

Chairman:	Roger Hall	01954 780304	11 Almond Grove
Secretary:	Anil Pallan	01223 655620	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Simon Munford	email: simon.munford@gmail.com	
Also:	Paul Goodfield	01954 200228	15 Little Meadow
	Jo Hall	01954 780304	11 Almond Grove

BAR HILL NEWS:

Editor:	Jan Cundy	e-mail: jan_cundy@yahoo.com	
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill.

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion. Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion. Sizes: Maxi: 6 x 4.5 cm – 9 x 6 cm; Mini: 6 x 2 cm – 6 x 4 cm. Quarter-page ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we provide maxi and mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted electronically on disc or to bhneditor@yahoo.com, *[a Word file is best, please]* or hard copy via Parish Council Office.

THE MAPLE SURGERY

Tel: **01954 780442**

www.mhmaple.co.uk

Surgery Opening times:

Monday, Tuesday, Wednesday		7.00am*–6.00pm
Thursday, Friday		8.30am – 6.00pm
	(appointments available from 7.30am)*	
Midwife	Thursday	2.00pm – 4.00pm
Physiotherapist	Tuesday	1.00pm – 4.30pm
Podiatrist	Mon, Wed, Fri	8.45am – 12 noon
	Wed & Fri	1.00pm – 4.00pm
Orthoptist	2nd Tues of month	9.00am – 12.30pm
CAMTAD	4th Tues of month	9.30am – 11.30am

Phone lines open from 8.30am – 6.00pm Monday – Friday.

Out of Hours Emergencies – call 111 (Cambridgeshire and Peterborough 111 Service).

Health Visitors (based at Longstanton Surgery): 01954 207612

Well Child Clinics: 3rd Tuesday of the month 1.00pm – 2.30pm at the Children's Centre, Bar Hill (next to Primary School).

USEFUL TELEPHONE NUMBERS

• Church Office **206120** • Conservative Party (Iris Lay) **205265** • Happy Hours (Helen Collins) **782203** • Liberal Democrat Party (Andy Pellew) **07814 871752** • Library (renewals and enquiries) **0345 0455225** • Neighbourhood Watch **201001** • Parish Council (Leigh Baffa) **780456** • Police non emergency **101** • Post Office **789285** (Harry) • Pre-School **782892** • Samaritans **01223 364455** • School **273305** • Social Club **781881** • Swavesey Village College **230366** •

NEARLY NEW ADULT AND CHILDREN'S CLOTHES SALE
Saturday 15th March 10am to 12 noon in the Octagon

BAR HILL VILLAGE HALL

- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.

During the week we have the following groups and clubs:

Mon.	Helene Jones Dance *(school term time only)*	3.30–8.15 pm
Tues.	Shotokan Karate	5.45–8.00 pm
Tues.	Danielle (Boot Camp)	8.00–9.00 pm
Weds.	Helen Jones (Dance)	4.00–6.45 pm
Weds.	Zumba	7.00–8.00 pm
Weds.	Pilates	8.00–9.00 pm
Thurs.	Zumba *(school term time only)*	9.30–10.30 am
Thurs.	Pilates *(school term time only)*	10.30–11.30 am
Thurs.	Weightwatchers	7.00–7.50 pm
Fri.	Martial Arts	6.30–8.30 pm
Sat.	Sweat and Tone	8.00–9.00 am
Sun.	Bingo (doors open 7.15) Cash prizes	7.45–9.30 pm

If you wish to book any of these facilities, or to get more information, please contact us by telephone on **01954 782414** (leave a clear message and we'll call back within 24 hours Monday–Friday), or e-mail: barhill.villagehall@btconnect.com.
We look forward to hearing from you.

MISSING...

...from 92 Pheasant Rise in the last few months.
An old hand operated sewing machine in a bentwood case. Financially worthless but of great sentimental value. Reward possible.
Tel: Heather Sales on 01954 200927

THE HAIR COMPANY

Professional Mobile Hairdressing covering Bar Hill and surrounding areas.
Call Caroline: 07843 238718

FOR SALE ADS IN BAR HILL NEWS

You will see 'For Sale' ads scattered throughout the Bar Hill News.
We are happy to advertise your item(s) in up to three editions. Could I please ask, though, that once they sell you let me know? [bhneditor@yahoo.com; jan_cundy@yahoo.com.] This will save space in BHN and prevent you receiving unnecessary enquiries.
Many thanks, Ed.

HAPPY HOURS – NEWSLETTER

As well as our usual games we had a quiz, bingo and Play Your Cards Right during January. Our Raffle raised £41.00 which was donated to Acorn House at Addenbrookes.
Our speaker this month was Geoff Evans who gave a talk titled Wet, Wild and Green – rather appropriate considering our weather – but this talk was on slides taken in Iceland and Scotland, lovely slides and interesting talk.
I keep getting reminders about various scams, many of which target at the elderly. Please be aware of both postal and telephone scams. Check with a relative, friend or someone you trust before doing anything. Scams should be reported to Trading Standards. Another reminder is about the elderly being lonely. Half of all over-75s live alone. If you live near an elderly person please try to check on them, particularly when the weather is bad. Age UK has a Befriending Scheme, call 0800 169 2939 or Silverline which operates similar to Childline but for the elderly: 0800 470 80 90.
Helen Collins, 01954 782203

STORYTIME AT BAR HILL LIBRARY

Stories and pictures, rhymes, songs and craft activities
Come along to Bar Hill Library at 10.30 a.m., on the second and fourth Saturdays in March.
Storytime invites small children and their parents or carers to these regular events. Open to children of pre-school age and their older brothers and sisters who are accompanied by an adult, it offers half an hour or so of book-based fun.
Often there is a theme – we have featured the weather, insects and things that go wrong recently, exploring those with stories, songs and craft. The children have enjoyed colouring pictures, and have created such things as their own insects – some of which are on display – to take home.
This free event opens up the treasure that books offer, introducing young children to their local library and revealing to them all that is to be gained from learning to read. There is no need to book; just come along.

RASTERREPAIR

Home & Workshop PC Repair. Home Support.
T: 07413 849034; E: rasterrepair@gmail.com

...letters...letters...letters...letters...

Dear Editor

I was pretty annoyed with the letter from Bunty Waters which implied that those who take the trouble to put out food for birds are in some way irresponsible. Given the serious decline in the UK bird population, rather than being reprimanded we should be encouraged to put out food, and I for one will continue to do so.

If she is worried about what her dog might pick up, may I suggest it be kept on a lead, and to cover the cost of vet bills would not pet insurance be the answer?

A more serious problem that Bunty Waters could be addressing is how to deal with those thoughtless owners who allow their dogs to foul here, there and everywhere in Bar Hill and don't bother to clean up afterwards (you know who you are). They give responsible dog owners a bad name.

John Doland, Watermead, Bar Hill.

This letter arrived shortly after February's BHN had gone to print:

To the Parish Council

Going round the village I notice that the Parish Council has embarked, in my opinion wholly unnecessarily, on cutting down and trimming trees. In these days of financial stringency, what is the cost to ratepayers?

Is it to keep Tree Surgeons in business? After all trees make the village.

Ratepayer and Pensioner

I forwarded the letter to the PC, and the author of the letter was replied to direct. This, however, seems to have raised more questions than answers:

To Bar Hill Parish Council

Ref. the number of trees sawn off or trimmed at considerable cost to the ratepayers.

In response to a letter which I sent to Mr Pope, I received a reply from him on behalf of the Environmental Committee of the Parish Council, which in my opinion was not satisfactory. Could you please answer the following:

1 What are the qualifications of one who makes a decision which tree should be cut down?
2 What is the actual cost to the Parish Council arising from this decision, the result of which, to my mind, is to keep the tree surgeons in business?
3 Are there any plans to plant new trees?

Yours truly,

V Tropins, Ratepayer and Pensioner

BAR HILL SPORTS AND SOCIAL CLUB

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Visit our website, www.bhssc.org.uk or join us on Facebook, at Barhillsports.Socialclub.

What's on in March?

Sat. 8th	Play Your Cards Right
Sat. 22nd	Play Your Cards Right
Mon. 31st	Quiz Night, 7.30 pm. for 8pm start

New Monthly Quiz

On the last Monday of every month we will be holding a Quiz Night. Registration is at 7.30pm for a 8pm start. Maximum of six per team, £1 per head. At least one of the team must be a club member. Many prizes to be won. No mobile phones or tablets allowed.

Saturday Afternoon Football – Home Games

Kick-off at 3pm

Sat. 1st	BHSSC v Doddington United
Sat. 8th	BHSSC Reserves v West Wratting A
Sat. 15th	BHSSC Reserves v Gamlingay United Reserves
Sat. 22nd	BHSSC Reserves v Saffron Crocus
Sat. 29th	BHSSC Reserves v Melbourn

Annual General Meeting

The Annual General Meeting of the Bar Hill Sports and Social Club will be held in the Village Hall at **8:15pm, Tuesday 25th March.** All members welcome.

Not a Member?

New members are always welcome, join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

The club also has a junior membership for 16 and 17 year-olds for a one off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin, 01954 781881 (BHSSC)

BAKE SALE and BRIC-A-BRAC EVENT FOR CHILREACH INTERNATIONAL

Saturday 12th April from 10am – 1.30pm
Bar Hill Village Hall

Childreach International works with marginalised children across the world, to unlock their potential. Working in the UK and internationally, including in Africa, Bangladesh and India, it strives to transform the lives of children and keep them safe and healthy. Hannah Orvis is climbing Mount Kilimanjaro in Tanzania to raise money for Childreach International, so all donations will be gratefully received!

FOR SALE

Golf Distance Measuring Device (DMD) SkyCaddie SGX with charger, belt clip, set up, player's guides. Perfect condition. Used only once. Genuine reason for sale. £150 (£249 rrp).

Tel: 01223 366974

FOR SALE

Mobility 4 wheel Shop Right scooter complete with lights, charger and spare battery – £400.00

T: 01954 782292

NEIGHBOURHOOD WATCH

A brief but important message this month:
Broken tiles, fences down – as I write this, the results of February's storms could lead to a proliferation of white van men offering to mend these for you. Please always stop and think before accepting any offers from cold callers. What may appear to be a good offer could end up being expensive and shoddy work. It would be far wiser to use a local trader recommended by neighbours. And remember, even if it's not storm damage, rogue cold callers will think of all sorts of excuses to get you to part with your money.

Stay safe, not sorry, and take your time choosing a trader.

In addition, please be a good neighbour and keep an eye on vulnerable people who may be taken in.
Best wishes,
Pam Vendy, NHW Village Coordinator

Caring Communities Counteract Crime.

MAPLE SURGERY NEWS

Tel: 01954 780442
www.mhmaple.co.uk

Opening Hours: we can now offer early appointments from 7.30am on a Monday, Tuesday and Wednesday.
CQC Inspection: we passed our CQC inspection in December with flying colours!
New GP: Dr Alyson Wheeler joined the Maple team in December and will be working on Tuesday, Thursday and Friday mornings.
Prescriptions: Please do remember to allow **2 clear working days** for your repeat prescription requests to be processed.
For your own safety we are unable to accept repeat prescription requests over the telephone. You can request via our dedicated email maplesurgery.repeats@nhs.net or put your completed repeats slip into the grey repeat prescription box which is located on the wall in the front entry foyer at the surgery. When the surgery is closed please post your repeat request through the gap in the front door.
Appointments: We are still experiencing a large number of wasted GP and Nurse appointments due to non-attendance. If you cannot make your appointment for any reason, please let us know as soon as possible by 'phone so that we may offer your appointment to another patient.
Regards, *The Maple Surgery Team*

FINBOW FRAMING

Incorporating Warwick Fine Art Prints
Conservation and Standard Framing
Bespoke Framing of Art Work, Photographs, Tapestry, Memorabilia etc
Reframing and Repairs
Antique Prints of Cambridge and Restoration
Julian Finbow, 12 The Brambles, Bar Hill, CB23 8TA.
T: 07952 295861; E: Finbowframing@hotmail.com

FRIENDS OF THE ROSIE HOSPITAL

With your help, we are making the Rosie a more comfortable environment for mothers and babies. Find out more at our **Annual General Meeting on Monday 10th March from 12.30pm** in the **green room** of the **Rosie Birthing Centre.**

If you have any spare polyester toy stuffing, ribbons or yarn we are in urgent need of your donation.
Follow us on the Rosie in Stitches facebook page. New knitted clothes and toys for sale on our website www.rosieinstitches.org.uk.
Start your holiday shopping today with Easyfundraising and our charity will benefit from a donation.
Upcoming Stall dates this spring
Community Market, Bar Hill on
Saturday 1st March 2014 10.30am to 2pm
Saturday 5th April 2014 10.30am to 2pm
Outpatients Hall, Addenbrooke's Hospital on
Thursday 3rd April 2014 10.00am to 4.00pm
We have discounted items for sale in our eBay Charity Store Rosieinstitches2010. Follow us on the Rosie in Stitches Facebook page. New knitted clothes and toys for sale on our website www.rosieinstitches.org.uk. There are links to affiliate stores on our website where we will get a donation. Laura Ashley has 30% off everything you could wish for.
To support Friends of the Rosie Hospital, Cambridge, England, visit http://www.easyfundraising.org.uk/causes/forh and follow the instructions. You can raise funds by using the Easyfundraising search site at http://forh.easysearch.org.uk
If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee. Details are on our website.
Thank you all for your support.

G B PROPERTY SERVICES

Specialist in flat roofing and all aspects of property maintenance
Call Pepe on 07761 143610

FACT FOR PARENTS: ***The average four year-old child asks over 400 questions a day ...***

– RAYNERS OF BARTON –

Sectional Buildings
Greenhouses, Garages, Workshops, Chalets, Log Cabins, Carports, Summer Houses,
Sheds – Concrete, Steel or Wood,
Conservatories – Aluminium or Hardwood.
– DOUBLE GLAZING AT ITS BEST –
PVC-U or Hardwood Windows, Doors.
Lance Rayner, Top Field Farm,
16 Cambridge Road, Barton CB23 7AR
Tel/Fax: 01223 262888; Mobile: 07702 669026

CHURCH MATTERS

KNIT AND NATTER...

...is on Thursday afternoons from around 1.15–3.15pm in the Octagon. We are a friendly and active group that produces hats, scarves and mittens for "Operation Christmas Child" shoe boxes. We make lots of other things too. By joining us, you will meet new friends as well as provide support to organisations that need voluntary help.

We have several outings a year, occasional lunches, coffee mornings, a Garden Party in August and a Christmas lunch.

You don't have to be able to knit; you are very welcome to come and "natter" and enjoy a sociable afternoon. For further information contact Sue Kenchington on 01954 780260.

Everyone is welcome of any faith, or none.

BRING YOUR OWN CRAFT GROUP

The group meets monthly on a Saturday afternoon in the Octagon, from 2.15–4.30pm. It was started to provide an opportunity for us to spend a quiet couple of hours working on our craft projects in good company, since we often find that we have too much to do at home to devote much time to our creative hobbies, despite the benefits we derive from them. We usually leave feeling more relaxed, with the added satisfaction of having made progress on our projects.

We are always happy to welcome new members whether they are experienced crafters or just trying something new, so do come along. Remember to bring the materials and equipment you will need for your craft project. We will provide the company and refreshments. We ask for a donation of up to £1 to cover costs.

Provisional dates for 2014: 22nd February; 22nd March; 26th April; 24th May; 28th June; 19th July (in the Church); 27th September; 25th October; 22nd November.

For more details contact either Wendy on 01954 782041 or Sue on 01954 200875.

YOUNG PEOPLE GROUPS

Youth Socials

There is a time to relax, play games (Wii, Pool, Table Tennis) one Sunday per month from 7.15–9.00pm in the Octagon.

Cell Groups

These are groups of young people, meeting once a month, to learn more about the Bible and the Christian faith.

Cafe Church

As an alternative to sitting in the Sunday morning service, the children & young people meet in the Octagon on 1st and 3rd Sundays, for breakfast and a learning activity.

Young Peoples Evening Worship Service

This informal service is for adults and young people and uses contemporary music and format. This is held at 6.30–8.00pm on the 2nd Sunday of the month, starting with cake and drinks!

For more information on any of these events contact Heather at familysmeth@ntlworld.com.

BAR HILL CHURCH HOMEGROUPS

At Bar Hill Church we have six small groups who meet regularly both weekly and fortnightly, with a mixture of evening and daytime meetings. We hope that the groups facilitate discipleship, mission, fellowship, evangelistic outreach and pastoral care. We study a variety of popular biblical material; recent studies have included bible studies on the books of Romans and John as well as deeper insights in to the topics of prayer and worship. The current topic of study is 'praying through the Psalms'.

If you are interested in joining in the fellowship of a small group within the village please contact me at the Bar Hill Church office to discuss placing you in a suitable group.

With Blessings in Christ

Jenny Patton – Small Groups Coordinator

MESSY CHURCH...

...is for pre-school and primary age children and their carers. They meet in the Octagon from 3.15–5.15pm on the 3rd Wednesday of each month.

Each session begins with craft activities followed by a story & song on a Bible theme, and ends with a simple meal. Come along!

For more information contact Peter at familysmeth@ntlworld.com.

ROCK SOLID...

...is a midweek club for primary school age children which runs during term time only every Thursday evening in the Octagon/Meetings Room, from 6pm till 7.15. We have great fun with songs, news time, bible storytime, craft and games, stopping for a quick break for drink and a biscuit half way through!

We are fully subscribed at the moment, but if you think your child would like to come along, please contact Adrienne Sharman 01954 780874 for further information.

BAR HILL CHURCH ECO GROUP

The Eco Group meets for an hour once a month to think about how we can best use our world's resources, both for our own benefit and for that of future generations. We are working towards the award of 'Eco-Congregation'. Events last year included Sunday workshops on the theme of creation, and an eco walk and picnic. Further details, including meeting dates, can be found on the church website – www.barhillchurch.org.uk.

HOLIDAY AT HOME 2014

This year we will be in Africa. We will be on holiday in the Octagon between 8th and 11th April. This is aimed at older residents. The cost for three days is £15 or £5 per day. For more information contact Sue Kenchington on 01954 780260.

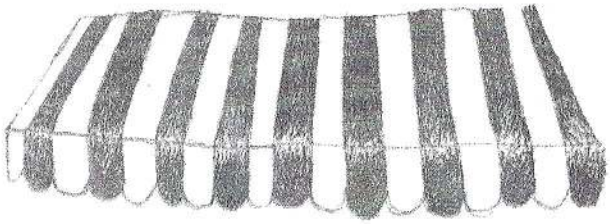
CHURCH MATTERS

THE COFFEE STOP

This takes place every Wednesday at 10 am until 12 noon at the Library. Coffee, tea and biscuits are served, and it is a good opportunity to meet friends old and new and have a chat.

Everyone is welcome. We support the "Friends of the Library" in making good use of this valuable resource and keeping it open for everyone.

We would love to see you on a Wednesday morning.



BAR HILL COMMUNITY MARKET

Saturday **1st March**
Saturday **5th April**
10.30am–2pm
In the Octagon CB23 8EH
Entry is Free

Come and support your local community.
A variety of handmade crafts, jams, fruit, vegetables, cards and beauty products.
We raise funds for community projects.

Refreshments
Soup and roll from 12noon
BBQ *(weather permitting)*

If you would like to be part of the market, please contact either Karen Austen 01954 781085 or Sue Gadsby 01954 200875

BAR HILL ECUMENICAL CHURCH SERVICES FOR MARCH 2014

EVERYONE IS WELCOME

The Church Minister, Charles Mather, can be contacted on minister@barhillchurch.org.uk, or by phone on 01954 277119. We hope you will look at our new website. It gives lots of information about what's happening in Church: barhillchurch.org.uk.

Sun. 2nd Mar.	**10am** Holy Communion with Café Church for young people **6.30pm** Evening Worship
Wed. 5th Mar.	**7.30pm** Ash Wednesday Service
Fri. 7th Mar.	**7.30pm** Women's World Day of Prayer Service. All welcome, it is not just for women
Sun. 9th Mar.	**8am** Holy Communion **10am** Morning Worship **6.30pm** Youth Service
Sun. 16th Mar.	**10am** Holy Communion with Café Church for young people **6.30pm** Evening Worship
Sun. 23rd Mar.	**10am** Morning Worship **6.30pm** Holy Communion
Wed. 26th Mar.	**10am** Mid Week Communion
Sun. 30th Mar.	**10am** Mothering Sunday Service **6.30pm** Evening Worship

Contact: Church Centre Manager: 01954 206120; office hours Mon., Weds. and Fri. 0930–1230.

There is a Roman Catholic Mass every Saturday at 6 pm.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge
The Catholic Church serving Bar Hill

Parish Priest:	Mgr Peter Leeming	Tel: 01223 350787
Deacons:	Revd Robert Joyce, Tony Northrop and Tony Sutton	
Local contact:	Bunty Waters	Tel: 01954 201421
Monday, Wednesday, Thursday, Friday		8am and 12.15pm
Tuesday		8am and 7.30pm
Saturday		6pm. First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at The Ark, Cambourne, and 6pm at Bar Hill Church Centre.

Holydays of Obligation	8am, 10am, 7.30pm
Sacrament of Reconciliation	
Tuesday	6.45pm (not after Mass)
Saturday	10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday – copies are also available in the Church Centre.

WOMEN'S WORLD DAY OF PRAYER

This special service takes place in churches all over the world every year on the first Friday in March. Each year it has been arranged by the women of a different country and so expresses praise to God for the good things of that country and also prayer concerns for its needs and particular difficulties. This year's service has been put together by the women of Egypt and will take place in Bar Hill Church at 7.30pm on Friday 7th March. Our speaker will be the Rev. Jean Simmonds.

It is a service is for all people, men and women, so do come. You will be most welcome.

Pat Muir

– 8 O'CLOCK CLUB –

The 8 o'clock club is an all-women's group, which meets at 8pm on the first Thursday of the month in the school. Our programme for 2014 is as follows:
Thursday 6 March – Gardens of the National Trust
Thursday 3 April – Birthday party – *members only*
Thursday 1 May – The work of The Brooke Trust
To find out more about the club please phone Barbara 01954 204171, Adela 01954 204265 or Ann 01954 204687, or come along to one of the meetings where we will be pleased to see you.

FRIENDS OF BAR HILL LIBRARY

Changing direction: It is time for new ideas about how to encourage use of the Library and ensure its place in our community. More participation would be welcome. If you would like to be involved, give your name to the Library staff to pass on to us.

Joining the Friends: Thank you to all our subscribers for their continuing support. We do encourage others to join us to help ensure that our Library continues to be an asset to our village. Ask staff if you would like to join the Friends.

Coffee mornings: To meet Friends and lots of others, come along to a coffee morning in the Library. These are held on the first Thursday of each month from 10 a.m. to noon. That means 6 March and 3 April 2014 are the next dates to note in your diary.

FOR SALE

- Butterflies and Moths. Numerous items for sale. Most are framed; some under glass domes. Other nature-related framed pictures/signed photography and carved wood artefacts/ornaments. Local nature enthusiast's interesting collection. Items £5 to £8.
- Kangaroo Hide Rug or Wall-hanging. Very soft and a warm caramel colour £40.
- Real Fur Cushions. Soft and fluffy – as new. Three are mixed greys, one is cream with tan trims. £5 each.
- Large double-bevelled mirror. New (similar John Lewis Riley Mirror costing £140) Suits any decor and hangs either tall or wide. £45.
- Men's "Campri" New Black Snowboots, size 10–11. Still in box (£32.99) with labels attached. £10.

Tel: 07802 720664

FOR SALE

Three piece suite – chocolate colour leather.
Three-seater, two-seater and a chair.
Only 5 years old £200 ono.
Tel: 0780 1560990.

FOR SALE

Fishing Gear totalling £355 as priced individually below; or make me a sensible offer for the lot:
JRC – Fishing Chair £30 ono
JRC – Extra Warm Sleeping Bag £20 ono
TRAKKER – Waterproof sleeping bag cover £12 ono
NEW – INFINITY Extra Large Barrow Bag
7 Zip Pockets Extending bottom £45 ono
NGT Bait/Tackle bag £15 ono
KEENETS Pole or Rod HOLDALL £7 ono
FORCE 8 Day Shelter Used twice new £69.99 – £45 ono
KORUM Day Shelter well used £12 ono
BROWNING Keep Net £20 ono inc bottom weights
RON THOMPSON 12ft 3 Piece Match Rod £25 ono
LEEDA 12ft 3 Piece Match Carp Waggler Rod £25 ono
ABU GARCIA Carbo 13ft 3 Piece Match Rod £25 ono
MAVER ABYSS 12ft 2 Piece Match Road £35 ono
SHIMANO 2000 Quickfire // Reel £12 ono
CORMAXX-BR 3S / 25 Baitrunner Reel £12 ono
SILSTAR Centre Pin FLY Reel £15 ono
Telephone Tony, Bar Hill, on 07831895007

CAMBRIDGE RE-USE

Cambridge Re-Use is a local charity working within a 20 mile radius of Cambridge. It is carrying forward the good work of Cambridge Sofa which was established in 1988. They collect furniture and electrical goods, in good condition, sell them at low prices to people on low incomes or on benefits. Please contact them on **01223 576535** to arrange a collection, or bring the goods to the store during working hours to Unit H, The Paddocks, 346 Cherry Hinton Road, Cambridge CB1 8DH.
The generosity of donors and a dedicated team of volunteers enable their service to benefit over 1,000 households each year.
email: donate@cambridgereuse.org.uk;
website: www.cambridgereuse.org.uk.

SHOPPING SERVICE

This service is for Cambridgeshire residents aged 60 and over who may have difficulty doing their own shopping. Many supermarkets now offer online shopping but unless you have a computer, you *cannot take advantage of this convenient service.*
Phone your order to our Shopping Service and we will make arrangements for delivery to your home. There is no commitment to shop every week and Age UK Cambridgeshire makes no charge for this service. However, supermarket charges for delivery vary and will apply.
Enquires and orders can be taken from Monday to Friday between 9am–12.30pm on **01354 696650.**
Registered charity number: 1107589.

Total Relaxation
at the farmhouse

The Old Farmhouse
Gladeside
Bar Hill, Cambridge CB23 8DY

01954 789 344
Open 7 days a week

Aromatherapy, Body Massage,
Indian Head Massage, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials, Nail Extensions
Manicures & Pedicure, Gel Polish
Lash and Brow Treatments
Waxing, Hairdressing
Girls' pamper parties

email: total.relaxation@ntlworld.com
www.total-relaxation.co.uk

Gift vouchers always available

CAMBRIDGE FUNERAL SERVICES

- Family owned & independent
- Traditional & contemporary funerals
- Personal service 24 hours every day
- Private chapel of rest
- Pre-arranged & pre-paid funeral planning
- Green & woodland burials
- Funerals for all faiths & beliefs
- Off-road parking

Recommended in The Good Funeral Guide for the second consecutive year

ANDREW PATEY
Dip F.D. Dip F.M. LMBIFD
Managing Director

PHILIP REYNOLDS
Dip F.D. LMBIFD
Funeral Director

01223 415255

617 Newmarket Road • Cambridge • CB5 8PA

www.cambridgefs.co.uk
info@cambridgefs.co.uk

Village Vet

RCVS ACCREDITED PRACTICE

The vet your pet would choose

Longstanton
34 High Street, Longstanton CB24 3BS
01954 780027

Cottenham
66 High Steet, Cottenham CB24 8SA
01954 252122

Milton
26 Cambridge Road, Milton CB24 6AW
0845 500 4 24 7

24 hr emergency:
0845 500 4 247

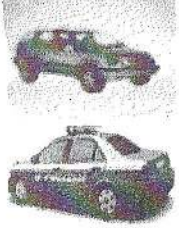
www.villagevet.co.uk

AIRPORT CARS CAMBRIDGE

Maestro

- Long-haul journeys, airport delivery & pick-up only
- Non smoking, air conditioned executive cars
- Prompt, reliable and courteous door to door service
- Mini vans available for holiday delivery & pick-up
- Reasonable rates

VISA



For the most competitive quote call:

01954 782822 / 07971 463639 jamesairportcars@gmail.com

Bar Hill Motors

20, Viking Way (next to Tescos)

Retail Motor Industry Federation

For all your car care needs

The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff and equipment

Opening times
Mon. To Fri. 8.00am - 5.30pm
Sat. 8.30am - Noon
Closed Sun.

☎ 781132

Alan's Carpets

Save £'s Discount prices!

* Home selection Service
* Over 40 Years Experience
* FREE quotes - Priced right
* Extensive range of Quality Samples
* Room sized Roll ends - Carpets & Vinyl
* Orders fitted within days, not months
* Showroom now open at 1 Station Road, Swavesey

Alan Shrimpton

Phone 01954 232298 or 07790 544250

RedLocks Locksmiths

Your local locksmith

Locked out? All locks opened, fitted, repaired and replaced

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

SERVICING BAR HILL AND SURROUNDING AREAS

Student and OAP discounts

freephone 0800 8 247 047
t 01954 202818
m 07784 240 970
w www.redlocks.co.uk
e info@redlocks.co.uk

Local Reliable Electrician

✓ From a single socket or a extra lighting fitting, to a full rewire.

✓ We leave your Property as clean and tidy as we find it.

✓ Free estimates.

✓No job too small.

Contact Bruce on
(01223)295213
07783 718018
bruce@brucewright8.wanadoo.co.uk

Part P Approved Contractor

ELECSA

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

* FULL BATHROOM AND KITCHEN DESIGN & INSTALLATION
* ALL ASPECTS OF FLOOR/WALL TILING
* SUPPLY & FIT OR LABOUR ONLY
* LAMINATE WOOD FLOORING
* FREE QUOTATIONS AND ADVICE
* QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR PROPERTY MAINTENANCE REQUIREMENTS

e-mail: dean.mills2@hotmail.co.uk

Full and Part Time
Care Workers

Work closer to home in a role that's close to your heart.

If you're a support worker looking to make a real difference - or would like to train to be one - Midas Care would love to hear from you. We are one of the most respected names in independent healthcare and preferred provider of homecare for Cambridgeshire County Council. You'll join our friendly teams on established local rounds, offering physical and mental support to patients in their own homes whilst maintaining our high standards of delivering 'quality care'. In return you'll receive good pay, mileage allowance and appropriate training.

apply@midas-care.co.uk
or telephone 01954 571061

MIDAS CARE

KH Flooring services

Domestic & Commercial Installers & Suppliers

HOME SELECTION SERVICE

CARPETS / VINYL
Karndean / Amtico
Altro safety flooring (wet rooms / kitchens)
Laminates and Wood Flooring

FREE Quotation No Obligation

EMAIL: flooringquotes@aol.com

CALL 01954 780570 9:00am-5.00pm

Mob : 07801542378 8.00am - 6.00pm day time

Bar Hill CB23 8TF

Super Snips
Mobile Dog Grooming by Julie

- Micro Chipping
- Ear Cleaning & Plucking
- Clipping
- Bath & Drying
- Nail Cutting
- One to One Care

All in the comfort of my heated van on your own doorstep

07712 323 557

www.supersnips.co.uk Email: juliesanderson@yahoo.co.uk

follow us on /supersnipsuk and like us on @super snips

ELECSA
Part of the ECA Group

A Barrett Electrical

Competitive Prices and First Class Service

All Types of Electrical Installation, Maintenance And Repairs including testing and inspection

Domestic, Industrial and Commercial

Bar Hill Resident 38 Years

- New Build Installations
- Rewires
- Extensions
- Smoke Detectors
- Lighting
- Power
- Security Lighting
- Call Outs
- Testing / Inspections
- Data Wiring
- Consumer Units
- Heating/Showers

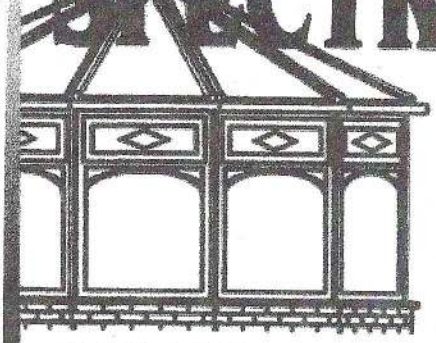
85 Stonefield, Bar Hill, Cambridge, CB23 8TE

Mobile : 07735615871

Email - barretts11@msn.com

Elecsa Reg No : EPP32673

SPECTRUM



CONSERVATORIES
WINDOWS
DOORS

FENSA
Registered Company

MOBILE: 07702 895673
TEL: 01954 789478

Chris's Bikes

Bar Hill's local cycle centre

2 Thornton Way, Girton (Just of Huntingdon Road)

- Professional, knowledgeable and friendly service
- Top quality, competitively priced repairs
- Wide range of spares/accessories available
- Cambridge's only 5 Star Magura Service Centre
- Stockists of Magura Hydraulic brakes
- Probably best range of commuting bicycles in town
- Good selection of quality hybrid and mountain bikes
- BMX and children's bicycles also available:

  Giant, Haro, Mongoose, Huffy & Diamond Back
- Good quality secondhand cycles always available
- Plenty of parking

Cambridge Stockist of GIANT

Quality for less

276604

Come and visit us; we will make you welcome

SE
stampelectrical

LOCAL ELECTRICIAN

01954 789064

- Fuse Boxes
- Showers
- Extra sockets
- Lights
- Heating controls

DOMESTIC INSTALLER

stamp.electrical@ntlworld.com

GROUP FITNESS FOR ALL AGES

SHAPE N TONE
Mons 6.30pm-7.15pm, Church , Bar Hill
Weds 6.30-7.15pm, Church, Bar Hill

THE FITNESS CLASS
Mons 7.30-8.30pm, The Church, Bar Hill
Thurs 6.15-7.15pm, Oakington Pav

OVER 55S CLASS
Tues, 10-11am. The Church, Bar Hill
Frids 10-11am, Oakington Pav

£4.50 A CLASS / £36 FOR 10
CONCESS £3.50 A CLASS, £30 FOR 10

Call Simon on 01223 236945
or visit www.bodyinmotionpt.co.uk
Free First Class

PHYSIC

Oakington Therapy Centre
is now at
76 Gilbert Road
Cambridge
CB4 3PD

Roger Giddings - Osteopath
Emma Bicknell - Osteopath
Mike Salt - Sports massage
David St Laurent - Injury rehab

but can still be reached on
01223 237459
www.physic.co.uk

Power Tool & Plant Hire, Sales & Repairs
M. P. Harvey 119-123 Middlewatch, Swavesey

Tools for all your requirements: Decorating, building, gardening, breaking and DIY
Service agents for: Black & Decker - Stayer - Ryobi - Elu - Fein - Dewalt Power Tools.
All other tools and small plant repaired, including Kangos, disc cutters and generators
Open: Mon. - Fri. 8am - 5pm, Closed Wed. pm, Sat. - 8am - 12noon

Adults & Children's bouncy castles now available

Tool Hire:
Mixers, Compactor plates, Kango hammers, Floor sanders, Belt sanders, Orbital sanders, Angle grinders, Drills, Saws, Carpet cleaner, Wallpaper steamers, Tile cutters, Acrows, Mowers, Rotavators, Hedge trimmers, Pumps

☎ 206113

Steve Jolley
Plastering & Tiling

6 Foxhollow
Bar Hill
Cambridge
CB23 8EP

Home 01954 780445
Mobile 07727 203626

T.N. Walsh (AIP-RP)

Plumbing and Heating

Tel: 01954 780252

Mobile: 07887 561525

All plumbing and heating work,
Including poflushing

Acorn Avenue, Bar Hill, Cambs,
CB23 8DT

24 hour service...No call out charges!

GAS safe REGISTER 23354

ciphe Chartered Institute of Plumbing and Heating Engineering 026851

Est. 1989

ARCHITECTURAL DRAWINGS

FOR

PLANNING & BUILDING

REGULATION APPLICATIONS

NEW PROPERTIES, EXTENSIONS,

LOFT CONVERSIONS ETC

CONTACT US now to arrange a FREE on-site meeting at your convenience to discuss your project.

ELY DESIGN GROUP

'Architecture By Professionals'

www.elydesigngroup.co.uk/bhn.php

Tel: 01353 649649 Mob: 07939 158482

mail@elydesigngroup.co.uk

AIR CONDITIONING • AIR COMPRESSORS • STEAM CLEANERS • WELDERS
GENERATORS • POWER TOOLS • WORKSHOP EQUIPMENT • TOOLS

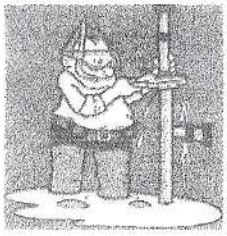
ELLIOTTS

Masters in Machinery

Tel: 01954 20 20 20 Fax 01954 78 28 01

e-mail: sales@elliotts.co.uk www.elliotts.co.uk

Unit 44, Viking Way, Bar Hill, Cambridge, CB23 8EL



M&M

Heating & Plumbing Services

Corgi & Oftec Registered

Oil/gas boiler service
Bathroom Installations
Heating/Plumbing m
Power Flushing
Landlord Certificates & Safety Checks
Free estimates
Friendly and reliable local service

213666

01223 691599

07832261791/07766281962

MARCH BULLETIN FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Every year, Cambridgeshire Fire and Rescue Service raise thousands of pounds for The Fire Fighters Charity – and we couldn't do it without the support of residents so we would like to say a big thank you!

This month, a number of fire stations across the county will be holding car washes so visit www.cambsfire.gov.uk or our social media channels to find out what stations near you are taking part.

Registration is now open for the annual Ladies Driving Challenge on Sunday 11 May, at Alconbury Airfield. More than 300 women will get behind the wheel of super-sized vehicles and if you want to take part sign up quick! For more information and to register, email ldc@bedsfire.com or call 01234 845130.

Finally a huge thank you to all who supported our clothing bank challenge in January to see which station could collect the most unwanted textiles to raise cash for the charity. We're eagerly awaiting the results.

Make sure fire safety still stays at the forefront of your mind in March – and don't forget to test your smoke alarm.

To find out if you are eligible for a free home fire safety check, call 0800 917 9994.

Follow us: @cambsfrs /cambsfrs.

Did you know? The dot above a lower case "i" or "j" is called a tittle.

NWR

Ladies – Give yourselves a break! Enjoy discussions and make new friends. NWR is a national organisation promoting friendship and self-confidence for lively minded women. We share ideas discuss topics, occasionally listen to speakers and enjoy social events. We invite you to join us, come along to one of our meetings; you would be very welcome.

6 March **The History of Dentistry.** *Research dentistry techniques and instruments etc. and how it has changed over the years.* Venue: Kay's

20 March **Child Stars.** *Choose one and tell us what they starred in? what has become of them? Did they have a further career, family life etc.?* Venue: Brenda's

10 April **Planning Meeting.** Venue: Marie-Thé's

The Bar Hill NWR group meets informally on alternate Thursday evenings; we pay just £1.00 per meeting to cover costs. If you would like more information, please call Marie-Thé Last on 01954 780329 or Geraldine Martenz on 01954 203458 . NWR can also be found at www.nwr.org.uk. Why not have a look!

STORYTIME AT BAR HILL LIBRARY

Stories and pictures, rhymes, songs and craft activities

10.30 am at Bar Hill Library,

on the second and fourth Saturdays in February.

Storytime invites small children and their parents or carers to the Library. Open to children of pre-school age and their older brothers and sisters who are accompanied by an adult, it offers half an hour of book-based fun twice every month.

Often there is a theme – we have featured the weather, insects and things that go wrong recently, exploring those with stories, songs and craft. The children have enjoyed colouring pictures, and have created their own insects – some of which are on display – and weather charts for themselves.

This free event opens up the treasure that books offer, introducing young children to their local library and revealing to them all that is to be gained from learning to read. There is no need to book; just come along.

HANOVER HOUSING

For rent to over 60's: one bedroom apartments at **Hanover Close, Bar Hill.**

Benefits include:

- Estate Manager service;
- close to bus routes/amenities;
- building/grounds maintenance;
- guest facilities;
- private off road car parking;
- pets are welcome!

For details or to arrange a viewing call 01954 780794 (Estate Manager) or 0800 280 2575 (Enquiries), or visit www.hanover.org.uk.

WHAT'S ON AT SWAVESEY VILLAGE COLLEGE

Upcoming Events:

- Community Education Workshops – Saturday 8th and Saturday 15th March.
- Rock Night *(open to students and their parents only)* – Wednesday 26th March.
- Student Concerts – Tuesday 1st and Wednesday 2nd April.
- Swavesey Camera Club presents Tom Mackie, Photography in a Flat Landscape – Thursday 3rd April.
- Swavesey Camera Club presents Tom Mackie, Photography in a Flat Landscape – Thursday 3rd April.
- Folk Night – Friday 4th July.
- Summer Rock School – Workshops Monday 21st to Thursday 24th July; **Live Concert: 24th July.**

Contact us: Swavesey Village College, Gibraltar Lane, Swavesey CB24 4RS. T: 01954 230366;
E: enquiries@swaveseyvc.co.uk;
W: www.swaveseyvc.co.uk.

BAR HILL CHILDMINDERS

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and First Aid Trained? Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.
If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (details below).

Childminders with Current Vacancies

Kirsty	07584 168909
Melanie	01954 204496
Jacky	01954 780249
Kirsten G	01954 200228
Mandy	01954 204223
Kirsten C	01954 202228
Janine	07879 613731
Terri	07846 018714

'Little Bunnies' Toddler Group for Babies and Pre-school Children and their Parents/Carers. We meet on Thursdays 9.45–11.15 am in the Octagon (term time only) £2.50 per family/carer, or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.

GIRLGUIDING IN BAR HILL

2014 marks the start of Girlguiding celebrating the Brownies' 100th birthday!

Girlguiding units currently meet weekly in Bar Hill: Rainbows (age 5–7) Monday and Wednesday; Brownies (age 7–10) Tuesday and Wednesday; Guides (age 10–14) Wednesday; Senior Section (14+) meets monthly.

If you would like to volunteer, or your daughter wants to join us having fun in a girl only environment, please go to http://www.girlguiding.org.uk/interested.

For more information about local girlguiding, please phone 07980 739928 or email Di Gunton, Bar Hill District Commissioner, at di@theguntons.com.

Do you need someone to feed your pet regularly or occasionally? Look after your house when you go away, either with regular visits or staying there?
Retired non-smoking tee total single lady is happy to help.
DBS-cleared; reliable, trustworthy and kind.
07946 165894

WILLINGHAM & LONGSTANTON SURGERIES

Willingham 01954 260230; Longstanton 01954 207600; Dispensary 01954 260073
Website: www.willinghammediclpractice.nhs.uk

GP Practice Survey results: Results of the recent Ipsos Mori survey have been collated and we've published them on our website. We are pleased to report that the practice performed well in national and local tables. The practice team looked at the results and discussed action points. We also reviewed the surveys at a recent Patient Group Meeting. We are heartened by the lovely comments from many of you. We have addressed concerns that were highlighted and will accommodate your suggestions where practicable. The reports are available to view in reception. There will be a new Patient Group Notice Board in the hallway at both Willingham and Longstanton surgeries, where information of interest can be displayed.

Surgery Loan Equipment: have you forgotten to return equipment such as blood pressure monitors? Please contact reception or bring the item in, giving your contact details so that we don't send a reminder letter. No fines this time, but in future we will ask for a deposit which will be refunded on return of the equipment.

AAA (abdominal aortic aneurysm) screening for men over 65: a simple scan can tell if you have AAA, an enlargement of the main blood vessel in the abdomen which, if left untreated, could be fatal. Men aged 65 and over are most at risk. NHS screening invitations will be sent to men aged 65 during the year , or you can request a scan if you don't receive an invitation (contact 01223 256909). Local clinics will be held at Willingham Surgery every two months through the year. For more information visit aaa.screening.nhs.uk or talk to your GP.

CAMTAD: the next Hearing Aid Clinic will be at Willingham Surgery on Wed 16th April from 2–4pm. No appointment is necessary; just pop along for free NHS hearing aid batteries, and for help and advice regarding hearing loss.

Cynthia Bidwell, Practice Manager

BICYCLE REPAIRS & SERVICING

Collection & Return Service.
07914 655086

THE ALLOTMENT SOCIETY

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348 to be put on the waiting list.

All other allotment matters should be addressed to: bhallotment@hotmail.com.

EXPRESS ROOFING SERVICES

Flat Roofing Specialists

Emergency 24 hour Service

Roofing for over 25 years

- Insurance work
- Guttering * Facia Boards
- Garages & Extensions
- Re-roofing & repairs

Prompt Reliable Service

5-10 year guarantees

Competitive Rates

01487 841008 Mobile 07860 680550

37 Greenfields, Earith

---

haart

is where your home is

www.haart.co.uk

- Experienced staff with local knowledge
- 10 Cambridge regional offices, 223 national
- Independent mortgage advice
- Advertised on 7 major property websites
- No sale – no fee

The only agent truly serving Bar Hill

Unit 12, The Mall

Call the office today for your free, no obligation, valuation **781411**

King & Co.

Solicitors

238, High Street Cottenham

Tel: Cottenham 251818

Opening Hours:-

Mon. - Thur. 9.00 am - 5.00 pm

Fridays 9.00 am - 4.00 pm

No Parking Problems

J T Carpentry & Joinery Building and maintenance

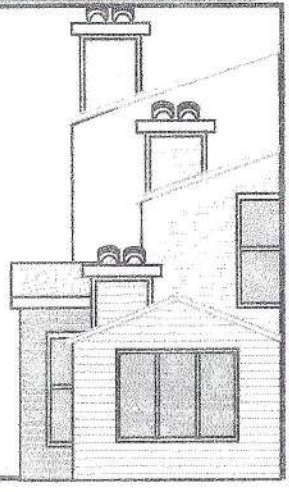
All Domestic Carpentry & small Building work. Kitchens. Bathrooms. Wardrobes. Doors. Architraves. Skirtings. PVCu & timber Windows. Decking. Security locks. Stud walls. Insulation. Glazing. Cupboards. Painting. Repairs.
Please call if your job is not listed.

Also: Brickwork, Alterations, Renovations, Loft conversions, Garage conversions, Dormers, Hand cut & trussed roofs. Discounts for OAP's

City & guilds Apprenticeship served, 37 yrs experience. References available. Bar Hill resident. Free Estimates. Sensible rates.
Commercial work undertaken. Maintenance & repairs. Good rates for long term contracts.

Call for information. **01954-780471 or mob 07846-847808.**

jtcarpentryno1@yahoo.co.uk. http://www.johnnytno1.moonfruit.com



R.PETCH . DECORATOR

Quality Workmanship since 1962

EXTERIOR PAINTING

INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

BAR HILL RESIDENT 1988 - 2004

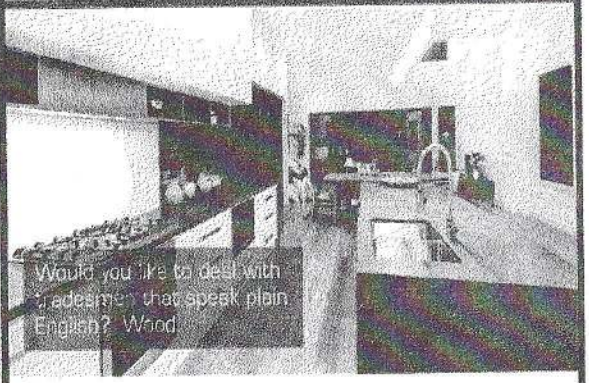
TEL: 01223 861970

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com

iWood

carpentry & building



Making it easier and more enjoyable to create your ideal home.

- All types of Maintenance • Extensions and Refurbishment
- Loft and Garage Conversions • Kitchen and Bathroom Installation
- Window and Door Installation • Fascia, Soffit, Guttering
- Custom Built Wardrobes, Book Cases and Shelving
- Painting, Decorating, Tiling and Plastering
- All Related Electrical and Plumbing work undertaken by approved experienced professionals

Tel: 01954 214545 Mobile: 07825 706176
contact@iwood.uk.com www.iwood.uk.com

CAMBS INTERIORS

Specialising in the supply and or fit of complete bathroom and kitchen refurbishments

Full bathroom and kitchen design and planning

Bathroom and kitchen fitting

Wet Room design and fitting

Plumbing, Tiling, Plastering, Joinery, Electrics.

M: 07969 748393 T: 01954 201085 74 Hillcrest, Barhill, Cambs, CB23 8TQ

JASON KIRBY *Professional Painting & Decorating Ltd*

- All aspects of internal & external decorating undertaken
- Period, residential & commercial properties
- City & Guilds qualified
- Full public liability insurance
- For quality & reliability at competitive rates
- References available
- A local established business built on reputation and recommendations

Dulux Select Decorators

TRUST MARK

Tel/Fax: 01954 211775

Mobile: 07966 174431

info@jasonkirbyltd.co.uk

Andrina Baldock

SAC Dip. FHPP FHPT
Foot Health Practitioner

Providing treatments in all aspects of foot healthcare in the comfort of your own home, including.....

Nail Cut • Callus •
Hard skin • Corn removal •
Fungal Infections • Athlete's Foot •
In growing Toe Nail • Orthotics •
Plantar Faciitis • Leg & Foot Massage

To book your appointment, call Andrina on

07966 571 686
or email
andrinab@btopenworld.com

Register for Foot Health Practitioners Member

RHD BUILDING SOLUTIONS

A locally based family run building company with extensive experience in all aspects of building work including:

New Builds
Extensions
Loft Conversions
Internal and External Renovations
New Kitchens and Bathrooms
Design Service

Excellent references available and the opportunity to view completed building projects

For further information and a no obligation discussion please call:

01954 715321 or 07885 147979

www.rhdbs.co.uk

PROBLEMS?

WITH YOUR EXISTING DOUBLE GLAZING

DOMESTIC • COMMERCIAL
INDUSTRIAL
REPAIR & MAINTENANCE SERVICE

- **WE REPLACE** Glass, Locks, Handles, Hinges, Patio Door Wheels, Tilt & Turn Mechanisms
- **WE FIT** Window Opening Restrictors, Cat Flaps, Fly Screens

FREE ADVICE / ESTIMATES

- **WE SPECIALISE IN** New Conservatories, Windows, Doors

SECONDARY DOUBLE GLAZING ALSO AVAILABLE

the WINDOW & DOOR SURGEON

For a Friendly and Efficient Service Please Call

Phone **01954 201944**

Email enquiries@tw-ds.co.uk
visit www.tw-ds.co.uk

2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE

Drake Heating and Plumbing

Tel: 01954 781366 or 07831 806733
email: DrakeHP@aol.com

Established 32 years

Gas Central Heating Installations
Boiler Replacements
Boiler Repair and Maintenance
Power Flushing
Bathrooms

Gas Safe
Registered Gas Installer
2185

Skatz
HAIR DESIGN
and
Bethan's Beauty Shop

Opening times:
Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

89 High Street
Longstanton
780909
New direct phone to
Bethan's Beauty Shop
789100

- We offer a full range of hair and beauty treatments
- Gift vouchers available
- Bio sculpture nail extensions and natural overlays
- KMS / Goldwell appointed salon
- New for the summer - St Tropez sprayton treatment
- Appointments not always necessary

P&P Home and Garden

Call 01954 782198 or 07954 372516

Email: pphomeandgarden@hotmail.co.uk

we tailor our services to suit your needs

No job too small

Weekly, Fortnightly, Monthly or one off jobs

Friendly and reliable service carried out by local mums

We can offer:
Gardening Service
Cleaning Service
Dog Walking and Pet Service
Washing and Ironing Service

website :
www.pphomeandgarden.vpweb.co.uk

ENTIRE

Plumbing • Heating • Gas • Bathrooms
Property Maintenance • DIY Handyman Service • Water Softeners

T/F: 01954 204044 E: info@entiregroup.co.uk W: www.entiregroup.co.uk

Are you in need of a chiropodist ?

For a professional service in your own home:-

☎ 201278

Christopher Bruckshaw MSSCh MBChA

A registered member of the British Chiropody Association

PARISH REPORT, MARCH 2014, FROM COUNTY COUNCILLOR JOHN REYNOLDS

A14 Public Consultation Update

The Highways Agency (HA) has announced the formal public consultation on the A14 upgrade. I have been invited to attend a meeting with the HA to discuss issues raised at the last consultation. These include pollution, noise, access to roads and provision of cycling and walking routes that affect out village.

In early February, the Statement of Community Consultation and Preferred A14 Route Announcement was formally issued. During March there will be a series of facilitated workshops with local stakeholder groups based in communities along the proposed route. Technical and design workshops will also be taking place in March. The ten week formal public consultation is expected to start on 7 April. This date is subject to final ratification by the Department of Transport.

Northstowe planning agreed in a multi-million pound deal.

Local councils have struck a £30 million deal with the promoters of the first homes at the planned town of Northstowe for investment in community facilities, including funding for a primary and secondary school. The contributions agreed follow a deal being brokered by South Cambridgeshire and Cambridgeshire County Councils with the promoters of the first 1,500 homes, Gallagher Estates. There are many issues to be resolved, for us in Bar Hill the provision of major road improvement to the B1050 Hattons Road is paramount. I have been campaigning for action and it has now been agreed that a dual carriageway and separate walking and cycleway facilities will be provided. Planning for this round will start shortly. Councillor Reynolds is a member of the Northstowe Transport Working Group.

Cambridgeshire Future Transport

Thanks to all who responded to the recent consultation. The results of the survey are being analysed; village-specific data will be available. In addition to the Transport Survey there have been a number of community events and bus ride surveys to gather further data about transport in the area. A Working Group will meet on 25th February to discuss the data collected and possible solutions to local transport issues.

We will share the Survey Report and Working Group outcomes with the public around March 2014 via our website, or using residents' contact details where they were provided on their survey form.

As your County Councillor, I welcome hearing from you on these and/or any other issues that affect our community.

For more information, contact me: County Councillor John Reynolds, 4 Hollytrees, Bar Hill, CB23 8SF. T: 01954 200571; E: j.e.reynolds@ntlworld.com.

Little Acorns Extended Day Care

Little Acorns took over the out of school club at the beginning of January 2014. We are now registered to care for children age 2–11 years, from 8am – 6pm term time and during the school holidays. Little Acorns extended day care is the umbrella name for Little Acorns Pre-School and Mighty Oaks @ Little Acorns (the out of school club).

Flexible Hours can be booked any time during a week day. [Otherwise a normal pre-school session is 9–11.30am, or 12.30–3pm; and afterschool care starts at 3pm or 3.15pm). Our current cost is £3.60 per hour. There is a sibling discount rate. Children can access 15 hours per week of free sessions under the Early Years Funding Scheme in the term after they become 3.

Families on Income support (or who fulfil the criteria for free school meals) may also be able to access 15 hours per week of free sessions for their 2 year old, via the 'Free Twos' Funding. The children's centre will be able to advise you about this.

We can be found next door to the primary school along the concrete track which leads to the farmhouse building. Please feel free to drop in for a look around. All age groups of children have access to all three rooms in the building and the garden area throughout the day. We offer a wide variety of activities and resources, set out into zones, where children can explore, investigate, learn, create and have fun.

We employ qualified and experienced staff who are caring and dedicated team members. If you would like more information or a registration form please email us at littleacorns.barhill@ntlworld.com or at mightyoaks.barhill@virginmedia.com or phone Sally or Gail on 07851 803083.

The building can also be hired out at weekends/ evenings for parties and family events. Please email us for a booking form if you are interested – you do not need to have a child at the pre-school to use this facility.

BUILDING WORK

All types of small building work undertaken by experienced craftsman. Competitive rates.

– TOM MOORE –

M: 078125 71384; H: 01954 202677;

E: tombola49@aol.com

FOR SALE

Gas BBQ – portable with cylinder. Clean, good condition, hardly used. £50.

Two used spades – good condition £5 each.

Medium sized terracotta pots (2); large plastic pots (2) £2 each

01954 201351

Bar Hill Pre-School

Registered Charity No. 1030125
http://www.barhillpreschool.co.uk

Village Hall 01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect the needs of all the children. We offer fully flexible care between 9am–3pm, for children aged 2–5yrs and are registered for Nursery Education Funding (NEF) as well as the new government scheme 'Funded 2's'.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us. The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership: To fulfil our commitment to meeting children's individual needs we use communication diaries as part of our outstanding parent/carer partnerships. Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk. Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

BAR HILL TENNIS CLUB – 2014 AGM

www.barhilltennisclub.co.uk

Before the new season begins we invite all existing and potential new members to our Annual General Meeting which will be held at **7.30pm on Wednesday 19th March 2014** in **The Fox Public House.** Everyone is welcome, even if you are just interested in hearing more about the Club. We invite all current, lapsed and new members to come along and play on the courts. Please encourage your family, neighbours and friends to come down to our club social nights to play some tennis. We welcome players of all abilities. Tennis is an excellent way to keep fit and enjoy the summer evenings in a relaxed and friendly environment.

Our **Adult Club Night** is Tuesday from 7 to 9pm.

Contacts: Kevin Jackson, Chairman, T: 01954 781150; E: visitd@yahoo.co.uk; John Suchocki, Treasurer, T: 01954 780461; E: j.suchocki@talktalk.net; Paul Chubbuck. Secretary, T: 01954 781688; E: paul.chubbuck@btinternet.com; For more information visit our web site: www.barhilltennisclub.co.uk.

COUNCILLOR CHAT
MONTHLY REPORT: MARCH 2014

Big clean up helps water voles at nature reserve

Endangered water voles have been given a helping hand by volunteers who have carried out a tidy up at Bar Hill nature reserve. The volunteers cut back hawthorn and brambles and had a clear up ahead of work planned for later in the year which will see ditches dug and banks formed to make the area a haven for the animals.

The two hectare site on the edge of the village is home to dozens of water voles which live along rivers, ditches and ponds. Nationally their decline is a combination of habitat loss, poor land management and predation and the voles have been lost from up to 94% of their former habitats.

Councillors and conservation staff from South Cambridgeshire District Council joined up with volunteers and Bar Hill Parish Councillors for a day long operation to improve the 20 year old wetland site. The volunteers carried out a similar clear up last year which has now opened up large areas for wildlife.

Work to further improve the area will shortly take place to include a new weir to hold back high flowing water upstream of the village and careful re-shaping of parts of the reserve.

Senior Councillors back vision for South Cambridgeshire

Twelve core objectives to keep South Cambridgeshire as one of the best places to live, work and study in the country have been backed by senior councillors following a public consultation. The Council's corporate plan will now be presented to a meeting of Council on Thursday 27 February.

Plan for new jobs and homes recommended to Council meeting

A plan to provide 22,000 new jobs and 19,000 much-needed new homes across South Cambridgeshire up until 2031 has been recommended to a meeting of Council. Please contact me for further information.

Another 24% cut in Government funding means tough savings target set

Council leaders are pledging innovation and delivery of smart savings to help protect local people from swingeing service cuts following a 24% reduction in grant funding from government.

Should you need help with any queries, or further information, please contact:

Cllr Bunty Waters 01954 201421 or 07734 690580; Bunty.waters@ntlworld.com.

Cllr Roger Hall 01954 780304; Roger.hall90@ntlworld.com.

County Councillor John Reynolds 01954 200571; j.e.reynolds@ntlworld.com.

did you know…

… "the sixth sick sheik's sixth sheep's sick" is said to be the toughest tongue twister in the English language? Try it!

THE BLOCK PAVING COMPANY

Installers of Drives & Patios

- individual block paving
- concrete setts
- paving slabs
- natural stone paving
- permeable paving

FREE QUOTATION WITHOUT OBLIGATION

Tel: 01954 205317

Mobile: 07850 919432

Email: sales@blockpavingcompany.co.uk

34 Partridge Drive
Bar Hill
Cambridge
CB23 8EN

www.blockpavingcompany.co.uk

IJC 01954 231623

15 Norman Way Industrial Estate,
Over, Cambridgeshire CB24 5QE
Email: info@ijcbuildingservices.co.uk
Website: www.ijcbuildingservices.co.uk
All major Credit & Debit Cards Accepted

THE HEATING SPECIALISTS

Boiler Replacements • New Heating Systems • System Updates • Powerflush • Servicing & Landlords Certificates
Whether it's Gas, Oil or Solid Fuel we can offer a competitive price with all the latest energy efficient appliances

OFFER Combination Boiler Replacements from £1,500

Inc. 7 Free TRV's and Two years guarantee

HETAS

Irena Spence & Co Solicitors

68-70 Castle Street
Cambridge, CB3 0AJ

Tel: 01223 713300

Specialists in:

Conveyancing
Family/Matrimonial
Accident Claims
Litigation
Employment

5 Green End,
Comberton, CB23 7DY

A. Denton

Painting & Decorating

High Quality

INDUSTRIAL
COMMERCIAL
DOMESTIC

102, Stonefield
Bar Hill
Cambridge
CB3 8TB

01954 782472

URBAN CAR COMPANY

QUALITY USED CARS

- All Cars Multi Point Checked
- Finance Arranged
- Extended Warranties
- Cars Bought for Cash

Your local car dealer owned by village residents who have all lived on the village for more than 35 years.

Viking Way, Bar Hill

TEL: 01954 782430

www.urbancarcompany.co.uk

UniPlumb

We offer a full range of plumbing and heating services including the following:

- Full bathroom installation & tiling service
- Full central heating system installation
- Vented & unvented cylinder replacement
- Boiler installations/replacements
- Central heating power flushing
- Repairs & maintenance
- Shower installation
- Water softener installation
- Underfloor heating
- Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services

For a free quote please call 01954 219553 or email info@uniplumb.com alternatively

Visit our office at 117 Highfields Road, Highfields, Caldecote, Cambridge CB237NX

Ash Croft Veterinary Surgery

169, St. Neots Road, Hardwick Cambridge CB3 7QJ

Surgeries by appointment 210250

Visits by arrangement

8.30 - 10.30 am & 4.30 - 7.00 pm Weekdays
9.00 - 11.00 am Saturdays, 10.00 - 11.00 am Sundays

Laura Wood
BA, MA, VetMB, MRCVS

Simon Shore
MA, VetMB, MRCVS

Dragan Tomovic
BVSc, MRCVS

Full 24 hour Emergency Service

Andy's Kars Ltd

For Quality Servicing & Repairs

6 Viking Way, Bar Hill, Cambridge CB23 8EL www.andys-kars.co.uk Tel: 01954 782666

In our fully equipped, modern workshop, we'll cater for all your MOT, Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles

Opening Times: Mon-Fri 8:00am to 17:30pm
Sat 8:00am to 12noon

Honest advice with a smile, we go the extra mile!

BAR HILL PARISH COUNCIL

Leigh Baffa, Parish Clerk
Tel: 01954 780456
e-mail: bhillpc-1@btconnect.com

Please note that the office is open to the public between **10am and 12 noon Monday to Thursday**, and **By Appointment Only on Fridays.**

Parish Councillors

Many of you knew Mike Duce, who sadly passed away last month. Not only was he active in the church, but also as a serving member of the Parish Council for many years. Mike will be sadly missed and our thoughts go to Anne and her family. Michael Boughton-Fox also passed away at the end of last year. He was a member of the Parish Council for many years and worked hard on behalf of the village. Again our thoughts go to Uta and family.

Bar Hill Skate Park

As you may now be aware, the Skate Park site has now been cleared, ready for a new park to be built. This had to be done on health and safety grounds, and we are busy working on fund raising for Bar Hill's new Skate Park. The Parish Council is actively looking for grant funding to make this happen.

Conservation Day

A Conservation Day was held on Sunday 9th February, which was very well attended by volunteers working on the Nature Reserve. Many of you, over the next few months, will be seeing quite a change to the Nature Reserve, Balancing Pond and the stream, as work continues, with the help of Rob Mongovan, South Cambs District Council and voluntary agencies. Our thanks go to Tesco, who kindly donated £25 worth of sandwiches to the workers last Sunday, these were a welcome sight when they stopped for a well-earned rest at lunch time.

Litter Picking Day

Please put a note in your diaries that the next Litter Picking Day will be on Saturday 12th April, starting at 10am at the Parish Council office where picking sticks, gloves and bags will be provided. Please help make a difference to your village.

Otter Close/Otter Gardens

I have been informed by the County Council that these two roads will be resurfaced in the very near future. I am sure that residents in these areas will be very pleased about this news.

Parish Council Meetings

The next Parish Council meeting will be held on Thursday 20th March at 7pm in the Parish Council Office and all members of the public and press are welcome to attend. There is also an Open Forum at the start of each meeting for residents to put their views across.

Handy Telephone Numbers

Streetlights: 0800 253529 and give the number that is written on lamppost.
South Cambs District Council: 08450 450500.
County Council *(damaged paths and roads)*: 01223 717111.

LOVE LIFE – LOVE SLIMMING WORLD

Join our warm and friendly group at
Bar Hill Primary School
on Wednesdays at 5.30 pm or 7.30 pm.
Want to lose weight and never feel hungry?
Call Chris on 07779 287055.
No pills or potions, just healthy wholesome food suitable for all the family.
Website: slimmingworld.com; T: 0844 897 8000

MESSAGE FROM YOUR LOCAL PCSO

Two vehicle thefts were reported in Bar Hill in January. Valuables were taken on both occasions.

A Girton resident made payment of £130 for delivery of a puppy seen online. Unfortunately delivery was not made. Please be mindful when you purchase items via Internet.

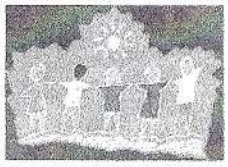
While out on patrol, I have noticed a number of vehicles failing to display valid road tax. These vehicles have been issued with hefty fine tickets. Please make sure your vehicle has current tax, or is declared SORN with DVLA if not in use, and is not parked on the highway.

Alpo Mani, PCSO 7009, Histon Neighbourhood Policing Team. T: 101 ext 7113152; M: 07525 227383; E: alpo.mani@cambs.pnn.police.uk.
Follow @SouthCambsCops; Visit South Cambs Local Policing website or SouthCambsCops.org including our blog.

Factoid: The Guinness Book of Records itself holds the record for being the book stolen most often from Libraries!

S DYE

for all your Painting & Decorating needs.
Please call today on **07806 629972** or **01954 230484.**



BAR HILL BABY AND TODDLER GROUP

Wednesday and Friday 9.45–11.15 am at the Octagon Centre, next to Bar Hill Church.
For families and carers with children aged 0–4 years. There are a variety of toys and activities for toddlers and pre-schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are provided.
Prices: Under 1's – £1.00 *(or* FREE *when paying for a sibling over 1)*; Over 1's – £2.00.
Maximum charge per family/child-minder – £3.00.
Visit our Facebook page for details of future events.

– BAR HILL COLTS FOOTBALL – BULLETS U12 TEAM

At the beginning of the season the Bullets found themselves struggling to find enough players to field a team, but as the season has continued, new children have joined the team and Chloe Norden has stepped forward to become the Bullet's new goalkeeper.

Chloe has done an amazing job, and slowly the score line has changed as we started to draw matches. Dare we hope for a win? Yes, a win came at the end of 2013 against Haverhill, and further wins continued for the next few matches.

What will 2014 bring? Unfortunately, at the moment, a water logged pitch! But, we are hoping to continue our run of good form once the weather improves enough to play again. We have a few new members in the squad and everyone has worked hard to make the team fun and enjoyable, and the wins have followed. Much encouragement is still needed for the rest of the season, but we are very hopeful to continue our recent run of success.

STARSHIP CHILDREN'S CENTRE

The Centre provides support to 0-5 year olds and their families/carers within Bar Hill, Boxworth, Dry Drayton, Lolworth, Longstanton, Over, Swavesey and Willingham.

Centre Details

Office open: 0900–1230, Monday – Wednesday (but usually manned between 0830–1530, Monday – Friday). For more information or to book activities, please contact Kiri, Rachel or Becca on 01954 200473; barhillchildrenscentre@cambridgeshire.gov.uk; www.cambridgeshirechildrenscentres.org.uk.

Starship Children's Centre, Gladeside, Bar Hill, CB23 8DY.

How do I apply?

Staff will need your National Insurance number to check your child's eligibility. Alternatively, the Childcare Information Team can check; call them on 0345 04 54 014. You will also need to confirm your identity at a Cambridgeshire Children's Centre with a form of photo identification, such as a passport or driving licence.

For health and safety reasons, we have to limit numbers at the Children's Centre. To avoid disappointment please arrive as near to the start time of the session as possible.

FOR SALE

Oak dining room table – Caxton range.
Size 3'x3' square with a flip top to 6'x3' in length.
Excellent condition. £80.
01954 781752

Factoid: The Greek National Anthem has 158 verses…

– THERMAL IMAGING CAMERAS – IDENTIFY HEAT LOSS IN YOUR HOME

South Cambs District Council has two thermal imaging cameras available for parish councils and local volunteers in the Sustainable Parish Energy Partnership to borrow free of charge for a period of one or two weeks (normally Thursday to Thursday). The cameras can be used to identify heat loss in homes and other buildings.

It is intended that the camera is used to do surveys on as many homes as possible, and so parish councils and volunteer groups wishing to borrow the camera are asked to recruit volunteer camera operators who can survey their own homes, and preferably others too.

The Parish Energy Project Officer runs free training sessions for volunteers – normally on Thursday evening – as needed.

If you are interested in having a volunteer survey your home, or would like to volunteer yourself, please call Bunty Waters on 01954 201421 and leave your contact name and number.

ABSOBEAUTI

a little luxury you deserve

Shellac/IBD/Geleration Nail Polish; Minx; Manicures/ Pedicures; Nail Stamping Designs and Nail Art.
Local business in The Brambles, Bar Hill.
Opening Times: 9am–3pm Monday–Friday
(weekend and evening appts available).
Call Sharon on **07967 610482.**

BAR HILL RESIDENTS ARE REMINDED TO "CHOOSE WELL THIS WINTER"

It is good to be prepared for coughs, colds and flu. Make sure you have home remedies to help care for your family. If you need regular medication, make sure you have enough. Cambridgeshire and Peterborough Clinical Commissioning Group (CCG) is asking residents to familiarise themselves with the range of local health services available, and which illnesses and injuries they treat:

- **Pharmacies** can help with bugs and viruses, skin conditions, allergies, pregnancy testing and stopping smoking.
- **GPs** can help with backache, earache, painful coughs, mental health conditions and any illness or injury that won't go away. Your GP has an out-of-hours service. Ring your GP's number and you will either be put through or hear a message telling you who to call.
- **Walk-in centre or minor illness or injury units** can help with minor burns and scalds, bites and stings, strains and sprains and minor eye or ear problems.
- **YOU** can look after colds, coughs, sore throats, hangovers, tummy upsets and grazes with a well-stocked medicine cabinet.

For more information please visit: www.cambridgeshireandpeterboroughccg.nhs.uk/choose-well.

Escential

Fitness Classes, all at Bar Hill Village Hall

Weds 7pm – Zumba
Weds 8pm – Fitness Pilates
Sat 8am – Circuits

ZUMBA fitness

Sessions normally £5 per class. All mats and equipment provided. Block discount cards available. Body Blast and men's circuits classes at Swavesey – see website for full details!

With over 30 years combined experience, we offer a full range of services including: -

Fitness Classes
Fitness & Fat Loss Bootcamps
Personal Training (pre/post natal specialist)
Sports Massage Therapy
Sports Performance Coaching
Corporate Health & Wellbeing
Fitness & Fat Loss Bootcamps
Sports Team fitness coaching

Based in Swavesey, and we also run a clinic in Partnership with Spirit Health Club, Holiday Inn, Cambridge.

www.escentialfitness.co.uk
Tel: 07803 706584
Email: info@escentialfitness.co.uk

Oakington Garden Centre

Large selection of plants, pots and garden sundries

Open:
Monday - Saturday 9am to 5pm
Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.
Tel. 01223 234818
Fax. 01223 236823
Email. oakingtongardencentre@hotmail.com

Jim Edwards

Gas appliances, Plumbing and Heating

Gas Boiler Service from £59

New Boiler Installations

Powerflushing service from £199

Bathroom Installations & Showers

Landlord Certificates & Gas safety checks

All plumbing work undertaken, local friendly service. Fully insured.

01954 267054

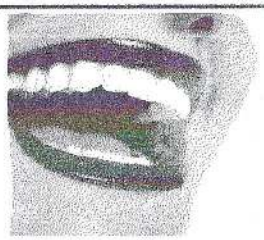
07870520702

www.cambridge-plumber.co.uk

jim-edwards@live.co.uk

Gas Safe

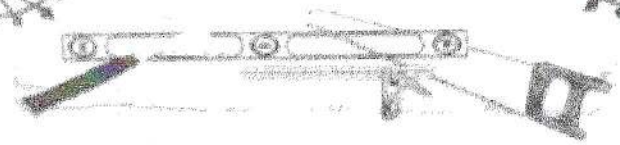
CORGI



Bar Hill Dental Clinic
Hanover Close, Viking Way,
Bar Hill
Cambridge CB23 8EH
01954 781616
www.cambridgedentist.co.uk
bhdc29@gmail.com

Complimentary consultation for
Cosmetic Dentistry
Teeth Whitening
Dermal Fillers
Botox

We are currently accepting children and adults with a valid exemption (eg. Income support, pension credit, pregnant etc) as NHS patients



DAVID HUMPHREY
CARPENTER & JOINER

01480 432275 Mob: 07788 428680 Fax: 01480 451566

In need of any work doing around the home, but haven't got time to do it ?
Then look no further ...

- Carpentry & Joinery
- Windows & Doors
- Exterior Finishes
- Roofing
- Home Security
- Conservatories
- Loft Conversions
- Home Extensions

No job too large or too small
Quality work at realistic prices

NOT TOO NEAR, NOT TOO FAR

FOR INDEPENDENT FINANCIAL ADVICE

on investments, regular savings, pensions, life cover, inheritance tax planning etc

Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge, CB24 8RX

Tel 01954 251521

Email: Bolitho@enterprise.net

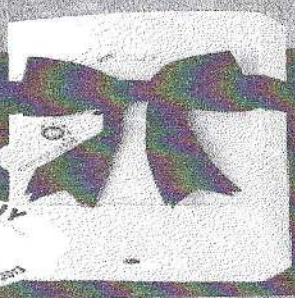
Authorised and regulated by the Financial Conduct Authority

Your old 'G' rated boiler is wasting £450 a year

Installing a new British made 'A' rated boiler will improve comfort and reduce your fuel bills - the longer you leave it the more you will waste!

Call **Green Heat** your local trusted and recommended heating installer – better value than British Gas according to The Times.

Special offers for 2014



8 YEAR GUARANTEE

Green Heat Ltd
The Energy Efficiency Company

PHONE NOW FOR A FREE NO OBLIGATION QUOTATION
01223 277278
www.greenheat.uk.com

benchmark HHIC energy saving trust WORCESTER Bosch Group

L.F.Dean & Sons
Motor Body Specialists

01223 233250 (evenings 01954 782247) 07711 131085

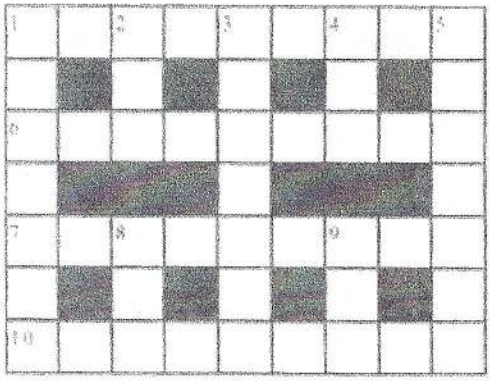
*All makes repaired * Welding *Re-spraying *Low-bake oven

Non-fault accident service Free estimates

4 Water Lane, Oakington

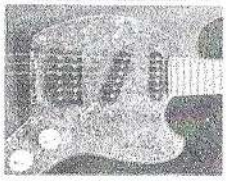
CROSSWORD CLUES FOR MARCH

Across: 1. wide piece of carpet. 6. Greek hero ---The Great. 7. see 4 down. 10. Italian mountains.
Down: 1. up on the shore. 2. see 4 down.
3. a visual plan. 4 & 2 down & 7 across-All people that on Earth do dwell. 5. An army does this.
8. none. 9. full stop shown thus.



SOLUTION FOR FEBRUARY

Across: 1. Josephine. 6. Newmarket 7. Australia. 10. yesterday.
Down: 1. January. 2. sow. 3. prairie. 4. ink. 5. estuary. 8. SOS. 9. lid.



GUITAR & BASS TUITION
inc. Guitar Repairs

Phone Steve Beaney
01954 260851
07929 888128

MARCH BIN COLLECTION DATES

5 March	black bin
12 March	blue and green bins, paper caddy
19 March	black bin
26 March	blue and green bins, paper caddy
2 April	black bin

Many thanks to those who kindly let me know I got the bin information wrong last month.
I 'cut & pasted' the above from South Cambs DC website, so hopefully it is correct!

Paper delivery **07814 754520**

PUBLIC CONSULTATION ON NORTHSTOWE STARTS IN MARCH

The Homes & Community Agency has announced dates for the pubic consultation in advance of submitting an outline planning application to South Cambridgeshire District Council for the next elements of Northstowe, South Cambridgeshire's new town. Construction of the first houses, primary school and community facilities starts soon and there is an opportunity to have your say on plans for a new town centre, employment, a secondary school, two further primary schools, a sports hub, more new homes and a new southern access road.

Discuss these plans face to face with the team on:

- Friday 21 March 4pm to 8pm at Longstanton Village Institute, High Street, Longstanton CB24 3BS
- Saturday 22 March 10am to 4pm at Oakington & Westwick Sports Pavilion, Queens Way CB24 3AW
- Saturday 29 March 10am to 4pm at Longstanton Village Institute, High Street, Longstanton CB24 3BS

View proposals on:

- Monday 24 to Friday 28 March 4.30pm to 9.30pm at Swavesey Village College, Gibraltar Lane CB24 4RS
- Saturday 29 March to Friday 4 April (during opening hours) at Bar Hill Library, Gladeside CB23 8DY

Comment forms also available at:

- Willingham Library, Church Street CB4 5HS
- Willingham Medical Practice, 52 Long Lane, Willingham CB24 5LB
- Longstanton Branch Surgery, Magdalene Close, Longstanton CB24 3EG

Or go online at www.northstowe.com (website available from 3 March);
or e-mail: Northstowe2@hca.gsi.gov.uk.
The consultation will close on Friday 4 April 2014.

did you know ...

... the plastic bit at the end of a shoelace that helps you thread the lace through the eyelet is called an aglet?

MARCH PUZZLE

Form nine animals containing nine letters, in alphabetical order.

A	D	I	E	O	N	O	O	T
A	R	M	E	R	B	P	I	G
B	A	N	G	U	I	P	O	R
B	O	K	I	N	G	R	A	C
C	H	A	I	N	E	R	S	E
C	U	P	L	L	O	S	E	D
D	I	C	M	E	L	S	P	R
E	E	R	M	O	U	U	C	K
E	H	O	N	E	A	W	A	T

		M	A	D	I	L		
						O		
						E		
					A			
			S	E				
					P			
						R		
		R				B		
			E	R	B			

RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings. These are usually held on the first Tuesday of the month at 8 pm in the Parish Council office. Next meetings: 4th March 2014 and 1st April.

– Events Calendar –

date	*event*	*where*	*time*
1 March	Bar Hill Community Market	Octagon	10.30am–2pm
1 March	Pop Quiz	Bar Hill School	7.30pm
5 March	Swavesey Half Marathon	Swavesey Village College	
6 March	NWR: History of Dentistry	Venue: Kay's	8pm
6 March	8 O'clock Club	Bar Hill School	8pm
12 March	Health Walk	Memorial Gardens	10.30am
15 March	Charity Casino Night	Bar Hill Village Hall	7.30pm
19 March	Health Walk	Memorial Gardens	10.30am
20 March	NWR: Child Stars	Venue: Brneda's	8pm
21 March	Free Demo of Hearing Help Equipment	Scottsdales Garden Centre	10am–12.30pm
22 March	Bootleg BeeGees	Over Community Centre	7.30pm
26 March	Health Walk	Memorial Gardens	10.30am
2 April	Health Walk	Memorial Gardens	10.30am
10 April	NWR: planning meeting	Venue: Marie-The's	8pm
16 April	Health Walk	Memorial Gardens	10.30am
26 April	The Cantilena Singers	Parish and Priory Church	7.30pm
	[more details in April's BHN]	of St. Andrew Swavesey	

Bar Hill Village Fete – Stall Booking Form

5th July 2014

Contact Name:	Group/ Organisation:
Address:	Landline:
	Mobile:
	Email:
	Contact Details on Fete Day:

Stall holders should aim to arrive from 9am on the day of the Fete and should be ready for trading by 12noon, (the official start time). Vehicle movement on the village green after 12noon needs to be authorised by a Fete Organiser.

If you require further information on stalls, please contact us via email: stalls@barhillvillagefete.org.

Number of stall spaces (approx. 5m square). You will need to provide your own table and gazebo.	Village Organisations/ Charities	Free (full day)	
	Small traders (Please circle which time slot you require).	12-6pm – £15 6-11pm – £15 Full Day – £25	
	Food stalls/ large scale entertainment. Food stalls will need both a Health /Hygiene Certificate and Public Liability Insurance (Please circle which time slot you require).	12-6pm – £25 6-11 pm – £15 Full Day – £35	
Stall Details:			

(The more details you can provide the more suitable a position we can allocate for you on the day!)

Please return this completed form, with payment, to: **Bar Hill Village Fete (Stalls), 75 Foxhollow, Bar Hill CB23 8ES.** Cheques should be made payable to "Bar Hill Residents Association".

All forms should be returned as soon as possible to guarantee a place, but no later than the 1st June.

If you have any questions please see our website blog.barhillvillagefete.org or contact us on 01954 781085.

Under the Data Protection Act 1998, we have a legal duty to protect any personal information we collect from you. In summary this means we will only use personal information you supply to us for the reason you provided it. We will only hold your information for as long as necessary to fulfil that purpose. We will not pass your information to any other parties.